

Safety and Installation Instructions

Ground Protection Plates

3m x 1m x 20mm HMPE Plastic



Each plate is laid side-by-side and connected via specially designed two-way joiners and top screws supplied. Lower a plate into position with the top surface, (engraved with grooves) upperside.

To join the plates, manually lift the corner of the plate to sufficient height and then slide the metal joiner underneath the plate, making sure that the internal thread of the joiner is visible through the handle hole. Thread a top screw into the internal thread of the joiner and tighten by hand. Repeat this process until all the plates are secured together. Take care not to trap fingers or feet when lowering the boards into position.

Before allowing traffic onto the ground protection plates, fully tighten each top screw using the special spanner supplied. Periodically check each joiner for tightness and re-tighten if necessary.

Regularly sweep away any loose earth or mud and, if necessary, hose down each plate with clean water. All traffic should be stopped from using the ground protection

plates whilst they are being cleaned or re-tightened.

Plates should not be installed over boggy ground or where there is an excess of water. The plates can be laid onto uneven ground, although the plates should be supported underneath by wooded blocks or additional plates on excessively uneven ground. The plates should not be installed onto slopes or banks.

DO NOT LIGHT FIRES ON OR NEAR THE PLATES
IMMEDIATELY CLEAR AWAY ANY SPILLAGES
NEVER USE THE PLATES TO BRIDGE GAPS OR TRENCHES
NEVER EXCEED THE 12 TONNE WEIGHT LIMIT ON EACH PLATE
KEEP PLATES CLEAN AND FREE FROM ANY EXCESS EARTH OR MUD
CLEAN REGULARLY USING CLEAN WATER. DO NOT USE CHEMICALS

Should any further instructions become necessary, stop work and contact GT Trax on 0870 405 5588.



This leaflet is a guide to the correct procedure for installing GT Trax 3m x 1m x 20mm Ground Protection Plates. This leaflet must be read thoroughly before starting work. It is not a substitute for a properly executed risk assessment.

The following personal protection equipment should be worn when installing the ground protection plates;

Gloves with a non-slip palm. Boots or shoes with metal toe protectors. A high visibility safety vest or jacket and a hard hat should be worn on construction sites. Safety goggles are recommended. Waterproof clothing should be worn when cleaning the plates.

GT Trax temporary ground protection plates are manufactured from non-slip recycled HMPE plastic. They are designed to protect the ground underneath from foot and vehicle traffic. They are not designed for any other purpose.

Before unloading or installing the plates ensure that the surrounding area is clear of pedestrians or non-site personnel. Put up warning signs and barriers.

Vehicles should never exceed 5 mph when traversing the plates.

Each plate weighs 56kg and must be handled by two able-bodied persons, using the four handles inserted into the end of each plate. Plates should never be dropped or dragged into position.